

# **THE SUN ANCON CHI MACHINE**

## **ENDORSEMENTS BY HEALTH PROFESSIONALS**

### **ACROSS THE UNITED STATES**

**(This list includes: Herbalist, Allergist, Cosmetology, Counselor, Wellness Center, EMT, Reiki Master, Family Doctor, Reading Specialist, Dentist, Teacher, Biofeedback Technician, Acupuncturist, Geriatric Care, Iridologist, Chemical Dependency Counselor, Chiropractor, Plastic Surgeon, Neurosurgeon and Cognitive Trainer).**

#### **Allergist, Eatonville, WA - Lori Lamothe.**

"Staff and clients use the Chi machine at our office. We have had extremely positive results, such as weight loss and reduction of headaches!"

#### **Cosmetology, Rice, MN - Peggy Feia.**

"I have been working full time in the cosmetology field for 28 years. My doctor told me that I needed to find a different job. I have a damaged shoulder from overuse. I was having muscle spasms in my hand and arms, and also numbness. The numbness would wake me up at night. I am thrilled to say that I now have more energy. My shoulders are much better and all other problems have disappeared. I have had my machine only 4 days and I have noticed these changes already. I do The Chi Machine in the morning and in the evening. I feel the machines are capable of helping, if not eliminating many health conditions. I have experienced that already. I am already sharing with many others the benefits of getting added oxygen and better circulation throughout the whole body."

#### **Counselor / Metaphysician, Springville, Utah - Dr. Jerry Glass Ph.D.**

"I use The Chi Machine for my youth and adult clients, in counseling, intervention therapy and stress management classes. My mind, body, and spirit sessions are for the improvement of the whole person. The Chi Machine helps to relax stressed clients in preparation for counseling, especially for abused and distressed youth. For severely disabled people the passive aerobic action of the Chi Machine helps circulation and flexibility. I also like using it in Art Therapy to help promote brain integration for greater creativity."

#### **Wellness Center and Spa, Hamilton, Montana - Health and Harmony.**

"We use The Chi Machine before each body wrap. We get better inch loss and relaxation. We have found this helps with the lymphatic system. Our clients like the feeling they get when The Chi Machine stops, this relaxes them better for our spa treatments."

#### **Family Doctor, San Diego, CA - Dan Harper, M.D.**

"In reference to The Chi Machine..."I have had patients that lost over 30 pounds in less than 2 months that couldn't walk due to vascular ischemia or osteoarthritis... Edema was markedly reduced in all cardiac and lymphedema clients. I have also used it in my cancer patients to increase blood flow to the tissues to get more Natural Killer Cells to the tumor site, and to remove blocked lymphatics so that more tumor cells could be removed by the enzymes and phagocytic cells. Some clients commented on better memory as cerebral circulation improved. In short, every organ system of the body is enhanced, including the immune system."

#### **Family Doctor - Board Certified, Tulsa, OK - Anne May, M.D.**

"I am using both The Chi Machine and Hothouse as adjunctive therapy for management of chronic pain and musculo-skeletal pain."

#### **Reading Specialist, Silver City, New Mexico - Vernice Jones.**

"When I was sixteen, I had an accident in which I fell very hard on my left hip. For these many years I

have experienced lower back pain. On occasion, my left foot became numb and tingled. There was a distinct 'thud' inside my hip as I walked. After my first use of the Chi Machine, my back pain increased and pains shot down my legs, and my left foot became numb. However, after three times on this aerobic exerciser, my back pain vanished and my foot has complete feeling. As I walk, I don't experience the usual 'thud.' I am overjoyed with this change! With the second use of the Chi Machine, I became so relaxed I fell asleep - never knew when the machine shut off.

As a reading specialist, I teach children with ADD and other mental and physical challenges. The Chi Machine is a very effective way to relax, as well as to improve mental clarity due to the oxygen flow. Thank you, Hsin Ten Enterprise. By providing us with this equipment you are doing a great service to humanity."

**Dentist - Joan M. Jakubas D.D.S.**

"I am a dentist. My hygienist, Sheldon Las introduced me to your machine. At the time I was having great pain in my back, shoulders, and arm. After using The Chi Machine I became more flexible and pleasantly pain free. Fortunately I am not starting my mornings with 3 Ibuprofen. I would rather not rely on chemicals for movement. I incorporate The Chi Machine into my daily life by introducing it to all my coworkers and friends. My assistant just purchased her own unit. I refer all prospective clients to Sheldon. He has been a life saver.

**Dentist, Los Angeles, CA - Dr. Druclila Gamez.** *(Translated from its original version in Spanish)*

"My first encounter with The Chi Machine was incredible, I had a strong pain in the knees and I used the Chi Machine for 5 minutes and I felt an incredible relief. I decided to use the machine in order to observe the function that it would have to help the human body. I am impressed to know that it accommodates the vertebrae leaving full access of the blood towards the vital organs and the aids the body to maintain good health. As a doctor I recommend The Chi Machine to any person. The massage that the machine gives rejuvenates you. As soon as you first use the machine you will feel a change in your body immediately."

**Teacher, Indio, CA - Flor Paz.**

My friend turned me onto the Chi Machine and I started to use it right away, of course, immediate results followed...especially in my improved circulation. I decided to take it to work and try it on a few of my students; I'm a teacher. The children have been taking it as a ride they get to go on. But I've been observing the results and they are amazing. I have a couple of Attention Deficit students and they've actually relaxed and come out more attentive for hours at a time when using the machine. I had one student tell me her headache went away as a result of being on the machine only 5 minutes. The parents had the opportunity to try it as well since I needed their permission to use it on the children. It's been great and I thank you."

**Acupuncture, Chiropratic, Medical, Rehab, Wellness, Edinburg, TX - Dr. James Morales, D.C. and Dr. Susan Duve, D.C., F.I.A.M.A., N.D.**

"We have used "The Chi Machine" and "The Hot House" for 5 years now. Our patients love them. They have proven to be very valuable therapeutic devices."

**QXCI-SCIO Biofeedback Technician - Gayla Erickson.**

"When test results show low energy flow through the spinal column, I recommend my clients borrow/rent a Chi Machine. Normally they end up purchasing it. If their immune system is poor or they have digestive or circulatory problems, I recommend the Far Infrared Hothouse."

**Biofeedback Technician, Michigan - Kathryn Wilson.**

"I received my Chi Machine 2 months ago. I can't express in words what it has done for my back and hips. I feel aligned and centered and my flexibility and energy flow have improved drastically. As I gradually increased the time on The Chi Machine I could begin to feel the adjustment in my spine and

hips. I have a busy practice here in Michigan where I use Biofeedback to bring my clients back into balance. I begin sessions now with a time on The Chi Machine, which is appropriate for each client. I then progress into the session with my client in a state of enhanced energetic flow and proceed with the biofeedback and balancing with a more available and receptive client body. The balancing goes much faster and I have fewer alarms on the Biofeedback devices. This demonstrates that The Chi Machine aids in opening the lymphatic system, which when blocked will send an alarm from the system. So I have mentioned the benefit for myself in my improvement of my back and hips, the valuable use of the device in my client sessions, and lastly, I would like to mention the mental emotional aspect that is greatly enhanced by The Chi Machine. Upon completion of the time on The Chi Machine, the surge and exhilaration that one senses throughout the body is stimulating the body's nervous system including the medulla oblongata. This in turn passes the energy into the limbic system, which is responsible for your emotional health. I have had clients who are moved to tears of exhilaration with their first experience of this. Everyone however seems to have a tremendous mood elevation that lasts for a significant amount of hours. I am so grateful for my Chi Machine. I realize how much it has improved my life quality as well as that of my clients. I look forward to sharing this device and learning more about this tremendous capacity to facilitate healing."

**Geriatric and Assisted Living Aid - Medical Assistant, Springville, UT - Julie Mitchell MA.**

"I use the Chi Machine-aerobic exerciser to promote overall health and wellness. It helps organ function, respiratory, circulation, flexibility and relaxation. The majority of my clients are bedridden and this is the only exercise they can do. The Chi machine is a passive exerciser that doesn't stress the heart or put excessive stress on the joints. This is why I like the Chi Machine."

**Certified Iridologist - Herbologist - Nutritional Educator, Tomball, TX - Ella Faye Holder.**

"I am a Certified Iridologist, Herbologist, and Nutritional Educator in the Houston area. I always demonstrate the Chi Machine to every new client who comes to me, and I always keep Chi Machines in stock because some will want to buy it immediately to take home with them when they experience the relaxation it affords them as well as removing tightness in their muscles and eliminates back pain almost immediately.

I have had several clients who, after being on the Chi Machine for 5-8 minutes after their consultation with me have said it stopped their back pain right away! (Even the people who say they cannot afford to purchase a Chi Machine call back at some point and say they are ready to purchase it now because they could not forget how much better they felt. These machines absolutely sell themselves!!!"

**Chemical Dependency Counselor, New Richmond, WI - Sue Knutson, C.A.D.C. III**

"I began using The Chi Machine about 3 months ago. I have been on anti-depressant medication for the past 12 years and suffer from back spasms. Since using The Chi Machine I have been able to discontinue using medications for depression and by back spasms have been greatly reduced. The use of The Chi Machine also seems to have reduced my anxiety. It would seem to me that The Chi Machine could be beneficial to other chemically dependent people if it has been helpful to me."

**Chiropractic Physician, Registered Nurse, Dayton, NV - Dr. Carol Johnson R.N.,D.C.**

"I use the Chi Machine (after using the Hothouse to warm up the muscles) to do myofascial release work around the clavicles and anterior neck muscles. This releases neck restriction in people who have, for example, a problem with waking up at night choking."

**Doctor of Chiropractic, Sierra Madre, California - Dr. Theresa L. Smith.**

"I would highly recommend the Chi Machine to anyone; especially those who are not able to exercise. I have seen incredible results with the daily use of this machine. It is a godsend."

**Chiropractor, Parker, CO - Ronald Conley.**

"I am a chiropractor and my patients use my Chi Machine every day."

**Doctor of Chiropractic, Milwaukee, WI - Dr. Russell M. Sherbondy.**

"People need to be responsible for their own health. By utilizing the Chi Machine, Far Infrared Dome, and **Electro Reflex Energizer**, the whole family can affordably improve every aspect of their health on a daily basis. I have incorporated all of these therapeutic machines in my patients', my own, and my family's health needs. Consistently, since May 1999 I have experienced amazing benefits in the areas of improved circulation, muscle and joint motion, stress reduction, pain relief, detoxification, weight loss and toning, lung and sinus relief, digestion, and neurologic and behavioral balancing in countless peoples lives. Don't hide this light under a bushel basket; share this opportunity with those you meet!"

**Chiropractic Physician, Fort Wayne, IN - Dr. Mark R Winteregg.**

"I am excited about using the Chi Machine in my office. I have already seen results. I am also eager to see what it can do for my patients in rehabilitation and patients with proprioception problems. I wish I would have bought this when I first started as a chiropractor."

**Chiropractor, Gridley, CA - Dr. Jackson Corley.**

"I plan to use the Chi machine on specific types of patients in my chiropractic office. These patients would be those with circulatory difficulties, i.e. pitting edema, diabetes, peripheral neuropathy. The Chi motion increased the circulation to the heart and decreased the swelling in the legs. I am very excited about this."

**Chiropractic Physician, Lake Oswego, OR - Kimberly Guthrie.**

"I started using The Chi Machine about two weeks ago. I have had the best nights sleep since. Before using The Chi Machine I would wake up two to four times in the night, waking up feeling like I never slept. I am going to incorporate the use of The Chi Machine in my practice so patients can experience the healing benefits of The Chi Machine."

**Doctor of Chiropractic, Amarillo, TX - Scott Verner.**

"I have recently been introduced to the marvels of the Chi Machine and I am very impressed of the potential that this unit has too offer my family, staff and patients. For several years now I have been using a chiropractic technique know as flexion/distraction on the bulk majority of my patients. Now I can offer another form of intersegmental movement to my patients at a very affordable price. I believe the Chi Machine will do an incredible job in aiding my patient's while they are away from the office. This is all available at a fraction of the cost of the equipment used in my office and likely more beneficial and effective."

**Plastic Surgeon, A Look To Remember Plastic Surgery Center, New Orleans, LA - Samuel W. Parry, MD**

"I am a busy Plastic Surgeon. I needed more energy and stress relief. Also, I have a 14 year-old daughter with cystic fibrosis. The Chi Machine has helped my problems and my daughter's breathing has very much improved."

**Neurosurgeon, Arrowhead Regional Medical Center, Moreno Valley, CA - John D. Cantando, MD**

"I highly recommend The Chi Machine to anyone. My wife and I use the machine faithfully; it not only provides her with energy but also helps increase circulation which helps with her varicose veins. I find the machine to be very therapeutic."

**Cognitive Trainer, Marseilles, IL - Matthew McNatt.**

"As the director of the McNatt Learning Center, Inc., I am excited by applications the Chi Machine may have to the field of cognitive training. First, auditory discrimination can be hindered by decreased sensitivity to or awareness of lateral movement. By stimulating the vestibular system in an organized manner, the Chi Machine holds tremendous promise for enhancing auditory awareness, auditory discrimination, and vestibular integration. I thus view the Chi Machine as complimentary to listening therapy and balance training and, for some students, a helpful contribution to balance-based vision

therapy using balance boards and Mardsen balls.

Second, due to its bi-lateral rhythmic movement and possible enhancement of auditory discrimination, the Chi Machine can also be used as a warm-up for training gross-motor rhythm and timing. I thus view the Chi Machine as complimentary to training with the Interactive Metronome.

Third, vestibular stimulation can be a primary gateway for teaching some hypo-stimulated children with special needs. I thus believe that the Chi Machine, when used in conjunction with naprapathic adjustment or Rolfing to help these children gain and maintain alignment, can be a key to helping some hypo-stimulated children "wake up" sufficiently to interact and learn.

Fourth, adolescents and adults with Tourette syndrome (TS) often have heightened neuro-electrical awareness, along with a tendency to try to overcome what they perceive to be blockages in the flow of whatever internal energy they perceive. Movements to overcome perceived blockages, though often made in ignorance and ultimately unsuccessful, can become quickly habituated as "tics." Children with TS usually tic without perceiving a cause. The oxygen rush of the Chi Machine mimics (or duplicates) the healthy flow of energy sought by many individuals with TS. Thus, individuals with TS may naturally trust the movement of the Chi Machine, which I believe they can then productively use as training, simply letting the movement happen instead of anticipating and trying to control it. Such practice waiting and letting go may be especially helpful for individuals with Tourette Syndrome in tandem to Interactive Metronome training, in which trainees similarly learn to wait for a beat, rather than anticipating or trying to control it. I personally use and enjoy the Chi Machine, and I heartily endorse its appropriate, supervised use in cognitive training."

## INTERNATIONAL ENDORSEMENTS

(This list includes personalities and entities renowned worldwide: athletes, celebrities, leading magazines, traditional and alternative health care therapists and countless medical institutions and spas.)

### **The Doctors on CBS TV - Daytime medical advice talkshow - Sep 2009**

The four doctors gave thumbs up. The show was aired across the USA, Canada and Europe. Watch it here:

<http://sun-ancon-chi-machine.com/endorsements/>

### **Terry Bradshaw - MSNBC 'Pick Of The Week', USA -December 2003.**

A weekly TV segment that highlights unique companies that offers extraordinary breakthrough products.

### **World medical journal endorses Sun Ancon Chi Machine as "home-based therapy" - 2004.**

In its 2004 issue 37 publication, the medical journal, **Lymphology**, wrote: "The Sun Ancon Chi Machine: A new patient focused, home-based therapy for people with chronic secondary leg lymphoedema."

### **Australian and New Zealand Medical Journal of Phlebology - Nov 2003.**

Flinders University announced a newly printed article on the Sun Ancon Chi Machine clinical trials. "The impact of the Sun Ancon Chi Machine Aerobic Exercise on chronic oedema of the legs" (by Mosley, Piller, Carati, Esterman), showed positive results of the trial on venous oedema patients.

### **World Class Athlete, Solomon Haumono, Australia.**

On 27th Dec. 2001, the Daily Telegraph published a two page article on the Sun Ancon Chi Machine and Solomon, an Australian boxing and rugby celebrity, who has become a spokesman for HTE.

**Pro Golfer Steven Nole - Owner of Par 72 Golf. GOLF TODAY Magazine, USA.. July Edition 2002.**

Nole reported that his usage of the Chi Machine allows his body to swing the club with such flexibility that it gives him additional yards, ball speed and greater precision on the golf course. "Each swing felt more flexible and more accurate for placement."

There are more but the point has been made.

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